



**PROGRAMME
BOOK**

4TH EAST COAST

FOOT & ANKLE

CIRCLE MEETING 2026:



**MIS Approach &
Cadaveric Workshop**

22ND & 23RD APRIL 2026

**EXAM HALL OSC, IIUM Kuantan
(THEORY & DRY LAB)**

&

**DISSECTION LAB, KULLIYAH OF
MEDICINE, IIUM Kuantan
(CADAVERIC WORKSHOP)**



ORGANISED BY:

**Dept. of Orthopaedics, Traumatology
and Rehabilitation,
Kulliyah of Medicine, IIUM Kuantan**

IN-COLLABORATION WITH:



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WORKSHOP)

Welcome Remarks



Assalamualaikum W.B.T. and Good Day,

On behalf of the organizing committee, it is my great pleasure to extend a warm and sincere welcome to all participants of the 4th East Coast Foot and Ankle Circle Meeting 2026: MIS Approach & Cadaveric Workshop, held on 22nd and 23rd April 2026 in IIUM Kuantan, Pahang.

This year's meeting has been thoughtfully structured to provide a comprehensive and practical learning experience in Minimally Invasive Surgery (MIS) for foot and ankle procedures. The programme will be conducted over two days, beginning with theory sessions and a dry lab (sawbones workshop) at the Exam Hall, OSC, on Day 1, followed by a cadaveric workshop at the Dissection Lab, Kulliyyah of Medicine on Day 2.

Participants can look forward to an engaging scientific programme featuring expert-led lectures, interactive discussions, and hands-on training sessions designed to enhance both knowledge and technical skills. This meeting is proudly organized in collaboration with the Malaysian Orthopaedic Foot & Ankle Society (MOFAS) and the Malaysian Orthopaedic Association (MOA), further strengthening its academic and professional value.

We would like to express our heartfelt appreciation to our department, the Kulliyyah of Medicine, IIUM, and the Atabara Orthopaedic Club for their invaluable support in organizing this event. Our sincere thanks also go to our main sponsor, Arah Tenang Sdn. Bhd., as well as our supporting sponsors, Novamedika Sdn. Bhd., Brego Life Sciences Sdn. Bhd., and others, for their generous contributions in making this workshop possible.

It is truly an honour to have your participation in this meeting. We are confident that this workshop will be both enriching and rewarding, and we look forward to a productive and memorable event together.

Thank you, and we warmly welcome you to IIUM Kuantan.

Yours sincerely,

Dr Muhamad Syafiz bin Ahmad Ismani

Organizing Chairperson

4th East Coast Foot and Ankle Circle Meeting 2026

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Tentative Day 1

Faculty Day 1

| 22 nd APRIL 2026 / WEDNESDAY (LECTURE & DRY LAB WORKSHOP) | | |
|--|---|--------------------------|
| TIME | TOPIC | SPEAKER |
| 0800 – 0815 | Registration Day 1 | |
| 0815 – 0830 | Welcome address by Chairman | |
| 0830 – 0845 | Instability Surgery for Lateral Ligament Complex | Dr Mohd Saiful Adzuwan |
| 0845 – 0900 | Applied Anatomy & Biomechanics Ankle | Dr Zaraiyah |
| 0900 – 0915 | Introduction Foot & Ankle Minimal Invasive Procedure | Dr Muhamad Syafiz |
| 0915 – 0930 | Medial Ligament Reconstruction – Indication & Surgical Option | Dr Nur Sabrina |
| 0930 – 0945 | MIS Lisfranc Ligament Reconstruction – It is works? | Prof Dr Mohd Yazid |
| 0945 – 1000 | Osteochondral Defect Talus – Indication & Surgical Treatment | Dr Mohd Adham Shah |
| 1000 – 1015 | Q&A | |
| 1015 – 1045 | Tea Break | |
| 1045 – 1100 | Approach to Metatarsalgia | Dr Zaraiyah |
| 1100 – 1115 | Approach to Medial Foot Pain | Dr Mohd Fadhli |
| 1115 – 1130 | Haglund Deformity – MIS vs Open Surgery | Assoc Prof Dr Syah Irwan |
| 1130 – 1145 | MIS Tendon Achilles Repair | Dr Mohd Shahril |
| 1145 – 1200 | Hallux Valgus – Conventional vs MIS | Assoc Prof Dr Syah Irwan |
| 1200 – 1215 | Hallux Rigidus – Fusion or Not Fusion | Prof Dr Mohd Yazid |
| 1215 – 1230 | Q&A | |
| 1230 – 1300 | Lunch Talk | |
| 1300 – 1400 | Lunch Break & Zuhr Prayer | |

| Saw Bone Workshop | | |
|-------------------|--|---|
| 1400 -1600 | ORIF Lateral Malleolus & Syndesmosis Tight Rope | Dr Mohd Fadhli Dr Zaraiyah Dr Muhamad Syafiz |
| | MIS Tendon Achilles Repair | Prof Dr Mohd Yazid Dr Nur Sabrina Dr Mohd Adham Shah |
| | Minimal Invasive Chevron & Akin Osteotomy (MICA) | Assoc Prof Dr Syah Irwan Dr Mohd Saiful Adzuwan Dr Mohd Shahril |
| 1600 | Tea Break and Disperse | |
| 1930 -2200 | Faculty Dinner East Coast Foot & Ankle Circle Meeting | |



Prof. Dr. Aminudin Che Ahmad (IIUM)



Prof. Dr. Mohd Yazid Bajuri (HUKM)



A/P. Dr. Syah Irwan Shamsul Bahari (KPJ Seremban)



Dr. Mohd Fadhli Miskon (Hospital Pasir Gudang, JB)



Dr. Mohd Saiful Adzuwan Mat Rodi (HSNZ, Terengganu)



Dr. Nur Sabrina Abdul Ghani (HUSM)



Dr. Mohd Shahril Jaafar (HPUPM)



Dr. Mohd Adham Shah Ayeop (Pantai Hospital, Ipoh)



Dr. Muhamad Syafiz Ahmad Ismani (IIUM)



Dr. Zaraiyah Mohd Rashid (UNISZA)

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Tentative Day 2

Faculty Day 2

| 23 rd APRIL 2026 / THURSDAY (CADAVERIC WORKSHOP) | | |
|---|--|-------------|
| TIME | TOPIC | SPEAKER |
| 0800 – 0830 | Registration Day 2 | |
| 0830 – 0840 | Opening Remarks by Chairman | |
| 0840 – 1000 | 1. Anterior Ankle Arthroscopy 2. ArthroBrostrom 3. Open Brostrom-Gould with internal stabilisation 4. Peroneal Retinaculum Repair 5. Posterior Ankle Arthroscopy 6. Knotless Tendon Achilles Reconstruction | All Faculty |
| 1000 – 1030 | Tea Break | |
| 1030 – 1300 | 1. Anterior Ankle Arthroscopy 2. ArthroBrostrom 3. Open Brostrom-Gould with internal stabilisation 4. Peroneal Retinaculum Repair 5. Posterior Ankle Arthroscopy 6. Knotless Tendon Achilles Reconstruction | All Faculty |
| 1245 – 1400 | Lunch Break | |
| 1400 – 1600 | 1. Anterior Ankle Arthroscopy 2. ArthroBrostrom 3. Open Brostrom-Gould with internal stabilisation 4. Peroneal Retinaculum Repair 5. Posterior Ankle Arthroscopy 6. Knotless Tendon Achilles Reconstruction | All Faculty |
| 1600 | Tea Break and Disperse | |



Prof. Dr. Aminudin
 Che Ahmad
 (IIUM)



Prof. Dr. Mohd Yazid
 Bajuri
 (HUKM)



A/P. Dr. Syah Irwan
 Shamsul Bahari
 (KPJ Seremban)



Dr. Mohd Fadhli Miskon
 (Hospital Pasir
 Gudang, JB)

For registration, please scan or
 click QR code below:



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Contact Us :

For more inquiries and information, please do not hesitate to contact us at:

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